



แบบฝึกหัด รายวิชาพื้นฐาน ภาษาอังกฤษ

Upload 5

Workbook

ม. 5

ชั้นมัธยมศึกษาปีที่ 5
กลุ่มสาระการเรียนรู้ภาษาต่างประเทศ
ตามหลักสูตรแกนกลางการศึกษาขั้นพื้นฐาน พุทธศักราช 2551

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นายสุเมธินท์ แสงไตรรัตน์กุล

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สงวนลิขสิทธิ์ตามพระราชบัญญัติ

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คำนำ

Upload เป็นชุดสื่อการเรียนรู้ภาษาอังกฤษ รายวิชาพื้นฐาน ในระดับมัธยมศึกษาปีที่ 4-6 ที่บูรณาการทุกทักษะทางภาษาเข้าไว้ด้วยกัน ทั้งการฟัง พูด อ่าน และเขียน มีเนื้อหาและทักษะทางภาษาที่สอดคล้องกับมาตรฐานและตัวชี้วัดของหลักสูตรแกนกลางการศึกษาขั้นพื้นฐาน พุทธศักราช 2551 โดยมีมุ่งเป้าหมายเพื่อให้นักเรียนสามารถใช้ภาษาอังกฤษได้อย่างคล่องแคล่ว เพื่อนำไปใช้สื่อสารในชีวิตจริง และเตรียมความพร้อมนักเรียนสำหรับศึกษาต่อในระดับอุดมศึกษาและการประกอบอาชีพ

นอกจากการบูรณาการทักษะแล้ว สื่อ ๗ ชุด **Upload** ยังสอน grammar (ไวยากรณ์) ซึ่งถือเป็นหัวใจสำคัญของการเรียนการสอนภาษาอังกฤษ เพื่อให้นักเรียนสามารถนำไปประยุกต์ใช้ในการสอบในระดับชั้นเรียน และในการสอบแข่งขันต่าง ๆ รวมทั้งยังส่งเสริมให้นักเรียนใช้ภาษาอังกฤษในการเรียนรู้เกี่ยวกับ ASEAN วัฒนธรรมของเจ้าของภาษา และเชื่อมโยงความรู้กับกลุ่มสาระการเรียนรู้อื่น

การสอนคำศัพท์ยังเน้นการสอน collocations (คำปรากฏร่วม) ซึ่งจะช่วยให้นักเรียนสามารถจดจำกลุ่มคำหรือวลีที่ต้องใช้ร่วมกัน และทำให้ใช้สำนวนภาษาอย่างเจ้าของภาษาใช้จริง ๆ

ผู้จัดทำหวังเป็นอย่างยิ่งว่า สื่อ ๗ ชุด **Upload** จะสามารถช่วยพัฒนาทักษะทางภาษาอังกฤษของนักเรียน และช่วยอำนวยความสะดวกให้กับครูผู้สอนได้เป็นอย่างดี

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Vocabulary Practice

1.1 Precious water

1 Fill in the gaps with *float*, *evaporates*, *dripping*, *sinks*, *showers*, *freezes*, *remove*, *waste*.

- If you throw a pebble into water, it sinks.
- Both of the taps in the bathroom are dripping.
- Jim always showers after working out at the gym.
- Most of us waste a lot of water every day.
- We like to make paper boats and float them in the river.
- When the temperature drops below 0°C, water freezes.
- If the city can remove all the chemicals from the lake, we can swim in it again.
- Water evaporates when you boil it.

1.2 Space

2 Match the words in column A to the words in column B.

A		B	
1	C	clear	A gravity
2	D	rocky	B hot
3	B	extremely	C night
4	A	zero	D core
5	F	rinseless	E system
6	E	solar	F shampoo

3 Fill in the gaps with *naked*, *reach*, *active*, *feature*, *spread*.

- Icy rings are a well-known feature of the planet Saturn.
- Winds can reach 1,700 kph on Saturn.
- You can see Mercury and Mars easily with the naked eye.
- The planet Neptune has five very thin rings which spread at least 60,000 km into space.
- Venus is one of the most active planets in our solar system.

1.3 Bad habits

4 Fill in the gaps with *drop*, *starving*, *break*, *chew*, *order*, *cover*, *bite*, *rumbling*.

- For some people, bad habits are hard to break.
- It's typical of my brother to chew gum at the dinner table.
- I know it gets on your nerves when I bite my nails.
- My stomach is rumbling. Is it lunchtime yet?
- I get upset when people cough and don't cover their mouths.
- Are you ready to order? I'm very hungry.
- It's annoying when people drop litter in the street.
- What's for dinner? I'm starving.

5 Choose the correct preposition.

- Buses don't always arrive in/on time.
- Look to/at her! She's talking so loudly on her mobile phone.
- I'm sorry I can't wait for/to you any longer.
- Look at that boy with the red sauce all in/over his face.
- Oh, come on/in! It's not that bad.
- It gets in/on my nerves when you're always late.
- People talking on their mobiles just puts me on/off going to the cinema.
- Sorry, I can't talk now. I'm late in/for my appointment.

KEY



1.4 Our planet

6 Fill in the gaps with *destroy, provide, acid, cut down, lose, pollute, threat, throw away, recycling, landfill, species, feed, increase, go, act, extinct, rise, melting, rate*.

- If factories continue to pollute the air, people will develop breathing problems.
- We need new food sources, or else more people will go hungry.
- Acid rain harms plant and sea life.
- Unless we protect our forests, many animals will lose their natural habitats.
- Many countries do not have enough food to feed their people.
- The Earth's forests provide oxygen for the whole planet.
- I don't think there are enough landfill sites for all this rubbish.
- If we continue at the current rate, soon our planet will be too polluted to live in.
- Scientists are afraid sea levels will rise rapidly over the next few years.
- Did you know that we destroy an area of forest the size of a football field every second?
- Sea life is under threat because of chemicals dumped in our oceans.
- Many species of plants are extinct.
- The ice at the poles is melting at an alarming rate.
- Each week, try to throw away less rubbish than you do now.
- Listen to this! A company wants to cut down the trees in our local forest.
- Our school has a recycling scheme which is very successful.
- We have to act now if we want to save our planet for future generations.
- Many animals will become extinct over the next 100 years.
- If we want to help, we have to increase the amount of rubbish we recycle.

7 Match the headlines to the problems.

1 **D** **Tigers Under Threat:**
Only a Few Thousand in the Wild 

2 **F** **Farmland Disappearing at Alarming Rate**

3 **C** **LANDFILL SITES FULL!** 

4 **B** **Scientists Worry About Loss of Valuable Plants**

5 **E** **Countries Meet Over Rising World Hunger Problem** 

6 **A** **People Leaving City Life Behind IN SEARCH OF FRESH AIR** 

- | | |
|-----------------|---------------------|
| A smog | D animal extinction |
| B deforestation | E population growth |
| C rubbish | F erosion |

1.5 Be active

8 Fill in the gaps with *follow, gain, develop, stiff, suggest, strengthen, work out, make, packed*.

- You will develop a back problem if you keep sitting like that.
- Gymnastics will help strengthen your body and you will look good too!
- Marlene brings a packed lunch to school everyday.
- What do you suggest I do about this problem?
- If you follow a weekly exercise routine, you will feel better soon.
- She wants to make better food choices but she doesn't know where to start.
- I'm trying hard not to gain any more weight.
- David feels stiff and sore after sitting all day at the office.
- I'm going to the gym to work out for an hour or so.

1.6 Weather patterns

9 Fill in the gaps with *drizzling, cloudy, windy, sleet, foggy, frost, thunderstorms, boiling, freezing, chilly, wet, rainbow, shine, flood*.

- 1 It's boiling hot today, isn't it?
- 2 The forecast says it's going to be chilly tonight, so wear your thick sweater.
- 3 Take your umbrella because it's going to be drizzling all day today.
- 4 Why are you wet? It isn't raining, is it?
- 5 The stars shine bright on a clear night.
- 6 In the early morning during winter, there is usually frost on the ground.
- 7 There are often dangerous thunderstorms in late summer.
- 8 It's raining so hard. I think the streets are going to flood.
- 9 It's freezing cold. Why don't we turn on the heating?
- 10 It's really cloudy. Do you think it's going to rain?
- 11 Everything is white! It is so foggy. I can't see the road up ahead.
- 12 It's going to be difficult driving tomorrow because of sleet mixed with snow.
- 13 It often gets really windy right before a storm.
- 14 Oh, look at the beautiful rainbow in the sky!

1.7 Health

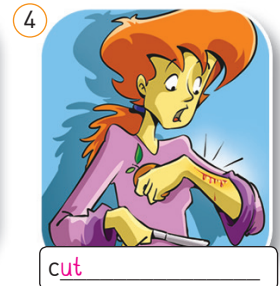
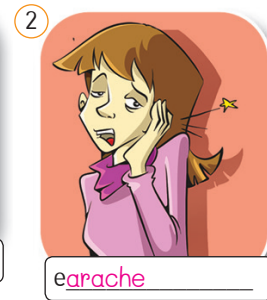
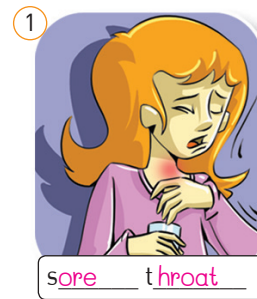
10 Fill in the gaps with *ache, treatment, raw, suffer from, bruise*.

- 1 I hit my knee on the table and got a nasty bruise.
- 2 She has got a terrible stomach ache from drinking a lot of soda.
- 3 Why are you holding raw potato on your forehead?
- 4 If you suffer from an earache on an airplane, chew some gum.
- 5 What is a good treatment for a bad cough?

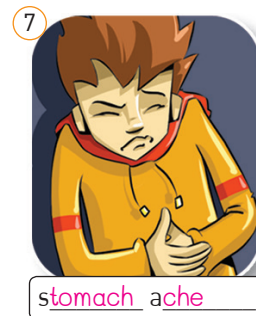
11 Choose the correct word.

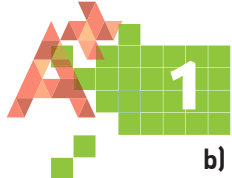
- 1 If you don't dress warm, you are going to keep/catch a cold.
- 2 I'm going outside for some fresh/clear air.
- 3 It's not a good idea to blow/hold your nose so hard.
- 4 He can keep/hold his breath under water.
- 5 Spicy/Pepper food makes me cough.
- 6 If your skin is dry, rub/throw it with some olive oil.

12 a) Label the pictures.



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b) Use the words in Ex. 12a to complete the exchanges.

- 1 A: What's wrong? You look terrible!
B: My hands are freezing, but my head's hot!
I think I have got the flu.
- 2 A: That's quite a nasty cut.
You should go to the doctor.
B: I have an appointment in the afternoon.
- 3 A: I have got really bad hay fever.
B: Stay away from grass and flowers then.
- 4 A: Kate has got a(n) sore throat and she can hardly speak.
B: Make her some tea with honey. It'll help a lot.
- 5 A: I can't eat anything. I have got a(n) stomach ache.
B: Oh, no! Do you want to lie down?
- 6 A: Here are a couple of painkillers for your headache.
B: Thanks. Could you turn off the lights for me too, please?
- 7 A: Steve has got an awful backache.
B: He sits at a desk all day; I'm not surprised!
- 8 A: Do you have a(n) earache?
B: Yes, I always get one when I travel by plane.

KEY

1.8 What does your future hold?

13 Fill in the gaps with own, experience, face it, dream, design.

- 1 Mandy travels a lot every year and loves to experience cultures from far away lands.
- 2 My brother wants to design his house by himself.
- 3 Well, let's face it. It's tough living on a farm.
- 4 Her dream is to start a charity for helping the poor.
- 5 I'm planning to buy my own house soon.

14 Choose the correct word.

- 1 They are going to live in/on a farm.
- 2 I think it's nice when people volunteer for/in charities.
- 3 He is an important part in/of the community.
- 4 She only buys clothes made in/from natural materials.
- 5 Our house relies more on/in solar energy than electrical energy.

15 Match the words to make phrases.

1	D	fellow	A	engineer
2	F	high-tech	B	materials
3	G	well-paid	C	community
4	A	automotive	D	teens
5	H	energy-efficient	E	energy
6	C	global	F	world
7	B	recycled	G	job
8	E	solar	H	car

1.9 In style

16 Choose the correct preposition: to, in, for, with.

- 1 She enjoys hunting for bargains at the second-hand shops.
- 2 The secret to his style is that he only wears black.
- 3 It is important to me that my clothes are clean and ironed every day.
- 4 There are a lot of clothing styles available to teens these days.
- 5 Nina has an interest in fashion and wants to be a model.
- 6 These retro accessories are perfect with that blouse.

17 Match the words to make phrases.

1	D	alternative	A	trousers
2	H	second-hand	B	accessory
3	G	open	C	their best
4	C	look	D	look
5	F	casual	E	conscience
6	A	baggy	F	style
7	I	hooded	G	view
8	B	most vital	H	shops
9	E	clear	I	tops

1.10 Character

18 Fill in the gaps with *generous, honest, ambitious, stubborn, aggressive, reliable, sensitive, greedy, outgoing, well built*.

- Tania is very sensitive and gets upset easily.
- Perry is tall and well built.
- She is generous and gives a lot of her things to charity.
- You have to be ambitious to be successful as a journalist.
- Don't be so greedy! You can't have everything you see.
- She is very honest and always tells the truth.
- He is more aggressive than I remember. Why is he so angry?
- My sister is so outgoing. She meets new people every day.
- You are so stubborn you always want things your way.
- We need a very reliable and punctual person for this job.

19 Choose the correct word.

- His skilled/sharp hands make him a great mechanic.
- Mike's dream is to drive/lead a comfortable life.
- Brad has a wide/long forehead and small ears.
- Be quiet or the teacher will miss/lose her temper.
- What a sharp/wide mind that woman has!
- He has a hard time making friends because he doesn't trust/believe others easily.

Everyday English

20 Choose the correct response.

- A: It's really hot today, isn't it?
B: **a** Probably not. **b** It certainly is.
- A: I have a dreadful headache.
B: **a** I can feel it. **b** Oh, dear!
- A: Listen to this! It takes 200-500 years for an aluminium can to decompose.
B: **a** That's unbelievable! **b** That's a pity.
- A: Can I help you?
B: **a** I'll take it.
b I'm looking for a white shirt.

- A: It really annoys me when people talk loudly on their mobile phones.
B: **a** Really? I don't mind it at all.
b It certainly is.

Listening

21 Listen and circle the correct answer.

- a** You won't believe this. **b** Are you serious?
- a** OK, I won't. **b** Yes, I think I will.
- a** You can't be serious!
b I know how you feel.
- a** Why don't you see a dentist?
b Are you OK?
- a** Probably not. **b** Oh, no!

Reading

22 Read the text and mark the sentences *T* (true), *F* (false) or *DS* (doesn't say).

THE MAGICAL SEAHORSE

The seahorse lives in almost every ocean of the world, but unfortunately today some species face extinction. Seahorses are collected by aquariums, used for medicine in Asia, and even sold as pets and souvenirs! If we don't do something to protect them, in the future we will only be able to see some of these beautiful creatures in photographs. There are over 30 species of seahorses living in our seas. They are a type of fish, but because they swim in an upright position, they look like small horses. They move very slowly because they are not good swimmers. Most of them prefer to hang on to coral reefs by their tails. They are often described as brightly coloured in fairy tales and legends. However, in real life, if they are in danger, they turn brown or grey to hide from predators. It is important to protect these unique looking fish from pollution, overfishing and extinction!

- You can find seahorses in every ocean of the world. F
- People use seahorses to make medicine in Asia. T
- Seahorses use their tails to swim. DS
- Seahorses can swim fast. F
- You can find seahorses in coral reefs. T
- Seahorses are colourful in legends. T
- Seahorses change colour to protect themselves. T
- Seahorses will become extinct in 50 years. DS

